



CHAPTER 1:

**ASEAN Health Cluster 1 on
Promoting Healthy Lifestyle
Work Programme 2026-2030**



PROMOTING HEALTHY LIFESTYLES

Healthy People,
Stronger Future

ASEAN HEALTH CLUSTER 1
ON PROMOTING HEALTHY LIFESTYLES
WORK PROGRAMME 2026-2030

	ALIGNMENT WITH ASCC STRATEGIC PLAN	Strategic Measures:  3.1.5  4.1.4 / 4.1.5 / 4.2.2 / 4.2.3 / 4.2.4  5.1.3 / 5.1.8 / 5.1.9 / 5.1.14  6.1.1				
	ALIGNMENT WITH UN SUSTAINABLE DEVELOPMENT AGENDA	GOALS 	SDG Goal #2 End hunger, achieve food security and improved nutrition and promote sustainable agriculture (Target 2.1)  2  3 GOOD HEALTH AND WELL-BEING	SDG Goal #3 Ensure healthy lives and promote well-being for all at all ages (Targets 3.4, 3.5, 3.6, 3.a)  11 SUSTAINABLE CITIES AND COMMUNITIES	SDG Goal #11 Make cities and human settlements inclusive, safe, resilient and sustainable (indirectly)  17 PARTNERSHIPS FOR THE GOALS	SDG Goal #17 Strengthen the means of implementation and revitalize the global partnership for sustainable development (Targets 17.9, 17.16, 17.18)
	CLUSTER GOALS	1 To achieve the health potential of ASEAN Community through promoting healthy lifestyle.				
	CLUSTER STRATEGIES	 Strengthen capability and capacity in addressing risk factors and their related diseases, and other relevant conditions affecting the health of the ASEAN people by promoting healthy lifestyles throughout the life course*.  Promote and strengthen cost-effective multi-sectoral interventions and programmes for prevention and control of noncommunicable diseases (NCD) and other lifestyle risk-factors-related conditions.  Strengthen advocacy and advance networking, knowledge-sharing with the global community, engagement and empowerment of communities among ASEAN Member States in reducing NCD risk-factors for various age groups and settings and in promoting healthy lifestyle.  Develop and conduct monitoring and evaluation mechanism on the implementation of regional strategies in promoting healthy lifestyle.				
Note: * This encompasses prevention and control of NCD factors which include tobacco, alcohol, physical activity, unhealthy diet and double burden of malnutrition; mental health; and active ageing.						

PROGRAMME OBJECTIVES

1. Prevention and Control of Noncommunicable Diseases

1. To implement established regional frameworks and plans, minimum standards and guidelines, advocacy campaigns, intervention packages and tools to address NCD and their risk factors.
2. To establish and sustain regional platforms for multi-sectoral cooperation, networking and learning in promoting healthy lifestyles.

2. Reduction of Consumption of Tobacco and Use of Alcohol

1. To expedite the implementation of the WHO Framework Convention on Tobacco Control or national policies through tobacco* prevention and control measures.
2. To support AMS in protecting tobacco and alcohol control policies from industry interference and involvement in control programmes.
3. To effectively address the health and societal consequences of alcohol consumption through the implementation of the ASEAN Framework for Action on Alcohol Control.

[Note: * - 'Tobacco' shall encompass e-cigarettes or vapor products, heated tobacco products, and novel tobacco products.]

3. Promotion of Mental Health

To develop advocacy and strategic initiatives to enhance mental health awareness and literacy among AMS, while promoting knowledge sharing and the exchange of best practices.

4. Promotion of Healthy and Active Ageing

To align and accelerate inter-cluster, multisectoral and multi-stakeholder collaboration in healthy and active ageing* policies, programmes and plans, including strengthening health systems related to geriatric care and integrated care across all levels of care.

[Note: * - 'Healthy and active ageing' shall encompass pre-ageing and ageing.]

5. Promotion of Good Nutrition and Healthy Diets

To develop, implement, monitor and strengthen multisectoral policies, programmes, services and interventions, and cooperation platforms to promote good nutrition, healthy diets and sustainable food systems.

PROGRAMME KEY PERFORMANCE TARGETS

1. Prevention and Control of Noncommunicable Diseases

By 2030,

1. Regional frameworks and plans, standards and guidelines, advocacy campaigns and tools are developed to strengthen AMS capacity in implementing national NCD prevention and control strategies and programmes
2. Regional multisectoral platforms for cooperation, networking and learning in addressing NCD and promoting healthy lifestyles are established and sustained.

2. Reduction of Consumption of Tobacco and Use of Alcohol

By 2030,

1. All AMS have implemented national laws, strategies and programmes on tobacco prevention and control, where relevant and suited to each AMS local context.
2. One AMS voice commitments are issued to reaffirm collective positions [a] against industry interference and involvement in control for tobacco use as well as [b] in implementation of control measures
3. Strategies and priorities in the ASEAN Framework for Action on Alcohol Control have been implemented where relevant and suited to each AMS local context.

3. Promotion of Mental Health

By 2030,

1. All AMS implementing mental health awareness and advocacy initiatives to improve mental health literacy.
2. Regional reference materials or tools are developed and disseminated to support knowledge sharing and exchange of best practices among AMS.

4. Promotion of Healthy and Active Ageing

By 2030,

Coordinated inter-cluster, multisectoral and multi-stakeholder mechanisms, actions and initiatives are in place to address priority health issues on ageing, including the promotion of supportive environment for older persons.

5. Promotion of Good Nutrition and Healthy Diets

By 2030,

Multisectoral policies, programmes, services and interventions, and cooperation platforms to promote good nutrition, healthy diets and sustainable food systems, are developed, implemented, monitored and strengthened.



PROGRAMME OBJECTIVES	PROGRAMME KEY PERFORMANCE TARGETS	PROJECT ACTIVITIES	EXPECTED OUTPUTS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
CORE ACTIVITIES							
HEALTH PRIORITY 1: PREVENTION AND CONTROL OF NONCOMMUNICABLE DISEASES							
To implement established regional frameworks and plans, minimum standards and guidelines, advocacy campaigns, intervention packages and tools to address NCD and their risk factors.	Regional frameworks and plans, standards and guidelines, advocacy campaigns and tools are developed to strengthen AMS capacity in implementing national NCD prevention and control strategies and programmes	1. Implementation of multisectoral Regional Action Plan to operationalise the ASEAN Leaders' Declaration on the Reformulation and Production of Healthier Food and Beverages Options <i>(Note: Please refer to Annex 1 for the Regional Action Plan for the ALD on Reformulation and Production of Healthier Food and Beverages Options)</i> 2. Regional Biennial Policy Dialogue/ Conference on Breast Cancer Prevention and Control (in commemoration of World Breast Cancer Month)	Regional action plan with thrusts on strengthening regional cooperation, implementing best buy strategies, and promoting intersectoral collaboration, is implemented.	Indonesia <i>(Lead / co-lead countries of activities in the Regional Action Plan: Cambodia, Lao PDR, Malaysia, Myanmar, Philippines, Singapore, Thailand, Viet Nam)</i>	2026-2030	AHC 4, PFPWG, ASEAN SF-ET (AFDM), COSTI, FIFSTA	WHO, UNICEF, World Bank, RTSL, DFAT Australia, Alliance Biodiversity International, Global Health Advocacy Incubator, ILSI SEA, University of Sydney, AFBA
			a. ASEAN Regional Policy Dialogue/Conference on Breast Cancer Prevention and Control is conducted to exchange policy experiences, practices, and innovations in breast cancer prevention, early diagnosis, and treatment. b. Recommendation is developed and disseminated.	Indonesia Co-Lead: Malaysia	October 2026-2030	AHC 3, SOM-ED, ACW (ASEAN Committee on Women)	WHO, UNFPA, Roche

PROGRAMME OBJECTIVES	PROGRAMME KEY PERFORMANCE TARGETS	PROJECT ACTIVITIES	EXPECTED OUTPUTS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
CORE ACTIVITIES							
To establish and sustain regional platforms for multi-sectoral cooperation, networking and learning in promoting healthy lifestyles	Regional multisectoral platforms for cooperation, networking and learning in addressing NCD and promoting healthy lifestyles are established and sustained.	3. Conduct of ASEAN Conference on NCD involving relevant sectors and stakeholders	ASEAN NCD Conference conducted	Lead: Philippines Co-Lead: Indonesia	Q3 2026 (Online)	AHC 3 SOM-AMAF Finance	WHO
HEALTH PRIORITY 2: REDUCTION OF CONSUMPTION OF TOBACCO AND USE OF ALCOHOL							
To expedite the implementation of the WHO Framework Convention on Tobacco Control or national policies through tobacco prevention and control measures.	All AMS have implemented national laws, strategies and programmes on tobacco prevention and control, where relevant and suited to each AMS local context.	4. Production and Dissemination of ASEAN Tobacco Control Reports	ASEAN Tobacco Control Reports on the status of implementation of demand reduction measures to reduce tobacco use produced every five years	Malaysia Singapore	2026-2030		WHO, SEATCA
		5. Conduct of ASEAN Smoke-Free Awards	Biennial ASEAN Smoke-Free Awards conducted in recognition of cities, municipalities, provinces and their equivalent	Lao PDR	2026-2030		WHO, SEATCA



T a i r n n c h a p p s h r c c l e

PROGRAMME OBJECTIVES	PROGRAMME KEY PERFORMANCE TARGETS	PROJECT ACTIVITIES	EXPECTED OUTPUTS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
CORE ACTIVITIES							
HEALTH PRIORITY 5: PROMOTION OF GOOD NUTRITION AND HEALTHY DIETS							
To develop, implement, monitor and strengthen multisectoral policies, programmes, services and interventions, and cooperation platforms to promote good nutrition, healthy diets and sustainable food systems.	By 2030, multisectoral policies, programmes, services and interventions, and cooperation platforms to promote good nutrition, healthy diets and sustainable food systems, are developed, implemented, monitored and strengthened.	8. Sustain implementation of ASEAN Strategic Framework and Action Plan on Nutrition 2018-2030 <i>(Note: Please refer to Annex 2 for the ASEAN Health Sector Work Plan 2026-2030 to implement the ASF&APN 2018-2030)</i>	a. ASEAN Health Sector Work Plan 2026-2030 to implement the ASF&APN 2018-2030 developed, endorsed, carried out and reviewed. b. Multi-sectoral and multi-stakeholder coordination conducted to review progress and agree on shared priorities to end all forms of malnutrition	Philippines <i>(Lead / co-lead countries of project activities in ASEAN Health Sector Work Plan: Brunei Darussalam, Cambodia, Indonesia, Lao PDR, Malaysia, Singapore, Thailand, Viet Nam)</i>	2026-2030	AHC 2, SOM-AMAF, SOMED, SOMSWD	UNICEF, WHO, FAO, WFP, Alive & Thrive, Australia for ASEAN Futures

AHC Work Programme Categories:

- a. **CORE** – activities that are agreed to be implemented commencing in 2026
- b. **ESSENTIAL** – activities that are agreed to be implemented in the mid-term
- c. **EXPANDED** – activities that are agreed to be implemented from the mid-term and after the reassessment





PROGRAMME OBJECTIVES	PROGRAMME KEY PERFORMANCE TARGETS	PROJECT ACTIVITIES	EXPECTED OUTPUTS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
ESSENTIAL ACTIVITIES							
HEALTH PRIORITY 1: PREVENTION AND CONTROL OF NONCOMMUNICABLE DISEASES							
To implement established regional frameworks and plans, minimum standards and guidelines, advocacy campaigns, intervention packages and tools to address NCD and their risk factors.	Regional frameworks and plans, standards and guidelines, advocacy campaigns and tools are developed to strengthen AMS capacity in implementing national NCD prevention and control strategies and programmes	1. Implementation of Lung Health Initiative Across ASEAN	a. One AMS Voice Commitment to support lung health policy across areas is adopted. b. ASEAN Guideline for the implementation of lung health initiatives, based on a review of regional lung health situation and AMS progress, challenges, and opportunities are developed and implemented.	Malaysia	2026-2030	AHC 2, AHC 3	
To establish and sustain regional platforms for multi-sectoral cooperation, networking and learning in promoting healthy lifestyles.	Regional multisectoral platforms for cooperation, networking and learning in addressing NCD and promoting healthy lifestyles are established and sustained.	2. Documentation and Dissemination of Good Practices in Financing NCD Programmes among ASEAN Member States 3. Establishment of ASEAN Burden of Disease Network to Strengthen NCD Monitoring in ASEAN	Good practices in financing NCD programmes documented and disseminated. a. ASEAN BOD Network established b. Workplan of ASEAN BOD Network implemented and completed	Philippines Thailand	2028 2026-2030	WHO	Australia Institute of Health and Welfare, ROK, WHO

PROGRAMME OBJECTIVES	PROGRAMME KEY PERFORMANCE TARGETS	PROJECT ACTIVITIES	EXPECTED OUTPUTS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
ESSENTIAL ACTIVITIES							
To support AMS in protecting tobacco and alcohol control policies from industry interference and involvement in control programmes.	One AMS voice commitments are issued to reaffirm collective positions [a] against industry interference and involvement in control for tobacco use and, as well as [b] in implementation of control measures	4. Promoting a Lifetime of Healthy Smile	Knowledge sharing on dental health promoted in schools	Malaysia	2026-2028 (virtual)		
		5. Conduct Webinar on ASEAN Lifestyle Medicine: Scaling-up NCD Prevention	a. Webinar on Lifestyle Medicine has been conducted two times, in 2028 and 2029. b. Webinar reports are disseminated.	Thailand	2027-2029 (virtual)		
HEALTH PRIORITY 2: REDUCTION OF CONSUMPTION OF TOBACCO AND USE OF ALCOHOL							
To support AMS in protecting tobacco and alcohol control policies from industry interference and involvement in control programmes.	One AMS voice commitments are issued to reaffirm collective positions [a] against industry interference and involvement in control for tobacco use and, as well as [b] in implementation of control measures	6. Follow-up on the Letter of Intent (LOI) on One AMS Voice Commitment: Monitoring and Summary of ASEAN Member States' Progress in Protecting Public Health from Tobacco Industry Interference, especially its involvement in tobacco control.	Good practices report on AMS progress under the LOI on One AMS Voice Commitment completed and disseminated	Thailand	2027-2028		WHO, SEATCA



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ESSENTIAL ACTIVITIES							
To effectively address the health and societal consequences of alcohol consumption through the implementation of the ASEAN Framework for Action on Alcohol Control.	Strategies and priorities in the ASEAN Framework for Action on Alcohol Control have been implemented where relevant and suited to each AMS local context.	7. Development and Implementation of Work Plan to Operationalise the ASEAN Framework for Action on Alcohol Control	Work plan to operationalise the ASEAN Framework developed and implemented, as well as reviewed according to M&E plan	Thailand	2027-2028	ASFOM, STOM	WHO, Centre for Alcohol Studies, Stop Drink Network
HEALTH PRIORITY 3: PROMOTION OF MENTAL HEALTH							
To develop advocacy and strategic initiatives to enhance mental health awareness and literacy among AMS, while promoting knowledge sharing and the exchange of best practices.	All AMS implementing mental health awareness and advocacy initiatives to improve mental health literacy.	8. Finalisation and implementation of ASEAN Guideline on the Integration of Mental Health into Training Programmes of Undergraduate Doctors and Nurses.	ASEAN Guideline on Integration of Mental Health into Training Programmes is finalised and used as reference in national training strategy and programme development.	Thailand Myanmar	2026-2030	SOM-ED, AHC 3	WHO, University of Melbourne
	Regional reference materials or tools are developed and disseminated to support knowledge sharing and exchange of best practices among AMS.	9. Development of an ASEAN compendium on the implementation of Mental Health and Psychosocial Support Services in crises and disasters.	A compendium documenting best practices, implementation experiences and lessons learned across AMS is published to support context-specific and practical application of MHPSS in crises and disasters.	Malaysia Thailand	2026-2028	AHC 2, AIDHM, ACDM, AHA Centre, SOMSWD	WHO, JICA, MERCY Malaysia

PROGRAMME OBJECTIVES	PROGRAMME KEY PERFORMANCE TARGETS	PROJECT ACTIVITIES	EXPECTED OUTPUTS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
ESSENTIAL ACTIVITIES							
HEALTH PRIORITY 4: PROMOTION OF HEALTHY AND ACTIVE AGEING							
To align and accelerate inter-cluster, multisectoral and multi-stakeholder collaboration in healthy and active ageing* policies, programmes and plans, including strengthening health systems related to geriatric care and integrated care across all levels of care.	Coordinated inter-cluster, multisectoral and multi-stakeholder mechanisms, actions and initiatives are in place to address priority health issues on ageing, including the promotion of supportive environment for older persons.	10. Conduct ASEAN Regional Dialogue on Dementia and the Care Economy	a. ASEAN Regional Dialogue on Dementia and the Care Economy is conducted The first activity to be conducted in September 2026, with follow up activities until 2030 b. ASEAN White Paper on Dementia and the Care Economy is developed c. Roadmap on dementia towards 2031 is developed	Indonesia	2026-2030	ACAI	ADI UNSW
11. Development and Exchange Learning Programme for ASEAN Member States on Integrated Approaches to Healthy and Active Ageing							
			a. Two biennial Elderly Health Forums on integrated approaches to health and active ageing are conducted b. A regional knowledge and exchange platform on integrated	Thailand	2026-2030 (Biennial Forum 2027 and 2029)	ACAI AHC 3	

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PROGRAMME OBJECTIVES	PROGRAMME KEY PERFORMANCE TARGETS	PROJECT ACTIVITIES	EXPECTED OUTPUTS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
EXPANDED ACTIVITIES							
HEALTH PRIORITY 4: PROMOTION OF HEALTHY AND ACTIVE AGEING							
To align and accelerate inter-cluster, multisectoral and multi-stakeholder collaboration in healthy and active ageing* policies, programmes and plans, including strengthening health systems related to geriatric care and integrated care across all levels of care.	Coordinated inter-cluster, multisectoral and multi-stakeholder mechanisms, actions and initiatives are in place to address priority health issues on ageing, including the promotion of supportive environment for older persons.	1. Raise awareness on dementia and care economy as side event of 17th AHMM	Awareness raising discussion/ side event to elevate awareness and catalyse technical dialogue on dementia and care economy is conducted	Indonesia	2026 (Virtual)	ACAI	Alzheimer's Disease International (ADI), University of New South Wales (UNSW)

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Annex 1.

ASEAN Multisectoral Regional Strategic Framework and Plan of Action for the Reformulation and Production of Healthier Food and Beverage Options 2026 - 2030

The ASEAN region faces the increasing burden of non-communicable diseases (NCD) and malnutrition. This situation is the result of, among others, the changing dietary patterns which leads towards consumption of foods that are high in sugar, fat, sodium, trans fatty acid, and less nutrient-dense. There is a need to improve the food environment among the ASEAN peoples. The Member States adopted the ASEAN Leaders' Declaration on the Reformulation and Production of Healthier Food and Beverage Options on 26 October 2021. This high-level political commitment is aligned with the WHO Global Action Plan for the Prevention and Control of NCDs, ICN2 Rome Declaration on Nutrition and Framework for Action, the UN Sustainable Development Goals (SDGs), and ASEAN Leaders' Declaration of Ending All Forms of Malnutrition.

The ASEAN Leaders' Declaration called on all Member States and relevant stakeholders to strengthen regional cooperation, implement best-buy strategies and promote intersectoral collaboration across ASEAN pillars and across ASEAN Member States to promote reformulation and production of healthier food and beverages in the ASEAN Region. To implement the ASEAN

Leaders' Declaration, the ASEAN Multisectoral Regional Strategic Framework and Plan of Action for the Reformulation and Production of Healthier Food and Beverage Options (ASF&POA) was developed with Indonesia as the lead country.

The plan includes the development of policies, guidelines, standards and activities identified from the current ASEAN sectoral body work plans and newly identified activities of priority concern among the sectoral bodies. All activities in the plan are deemed critical and timely to operationalize the vision of the ASEAN Leaders' Declaration on the Reformulation and Production of Healthier Food and Beverage Options.

The ASF&POA was initially drafted and circulated to AMS based on the results from the First Consultative Meeting held via hybrid modality on 13-14 December 2023, where AMS and ASEAN partners shared their existing situation, best practices and plans in relation to food reformulation and other relevant programmes for addressing malnutrition and NCD prevention. The Second Consultative Meeting, held in Jakarta, Indonesia on 27-29 May 2024, facilitated the further review and revision for each activity of the draft ASF&POA

by AMS and partners. The draft ASF&POA has integrated inputs after consultation from ASEAN Health Cluster 4, Prepared Foodstuff Product Working Group (PFPWG), ASEAN Sub-Forum of Excise Taxation (SF-ET), and ASEAN Committee on Consumer Protection (ACCP).

The ASF&POA has subsequently received endorsements from ASEAN Health Cluster 1 on Promoting Healthy Lifestyle on 8 June 2026, and the Senior Officials Meeting on Health Development (SOMHD) on 19 June 2026 and adopted at the 17th ASEAN Health Ministers' Meeting on 10 September 2026, as an Annex to the 2026-2030 Work Programme of ASEAN Health Cluster 1. The implementation of the ASF&POA will be done together with the afore-mentioned bodies and partners, and monitoring will be conducted regularly as part of the annual meetings of relevant ASEAN sectors for the period of 2026-2030.



PROJECT ACTIVITIES	EXPECTED OUTPUTS, OUTPUT INDICATORS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
CORE ACTIVITIES					
STRATEGIC THRUST 1: STRENGTHENING REGIONAL COOPERATION					
1. Conduct study on food reformulation and its health impacts.	Expected outputs: 1. Assessment on the availability of evidence on food reformulation and its health impacts. 2. Protocol to conduct study (at regional level) 3. Study conducted Indicator: At least one study on either salt or sugar or fat reduction based on the output no. 1 and no. 2 and its health impacts at regional or at national level is conducted.	Viet Nam Co-lead: Philippines	2026 – 2030 AHC4		Resolve to Save Lives WHO DFAT Australia University of Sydney - Australia
STRATEGIC THRUST 2: IMPLEMENT BEST-BUY STRATEGIES					
2. Workshop on the implementation of fiscal measure for sugar-sweetened beverage policy in ASEAN.	Expected output: Workshop or sharing session on the implementation of fiscal measure for sugar-sweetened beverage policy. Indicator: Workshop or sharing session on the implementation of fiscal measure for sugar-sweetened beverage policy is conducted.	Malaysia Co-lead: Lao PDR, Viet Nam	2027 Malaysia Co-lead: Lao PDR, Viet Nam		UNICEF, World Bank (Tbc), CIAT (Alliance Bioversity International), WHO ASEAN sectors: ASEAN SF-ET (AFDM)

PROJECT ACTIVITIES	EXPECTED OUTPUTS, OUTPUT INDICATORS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
CORE ACTIVITIES					
STRATEGIC THRUST 2: IMPLEMENT BEST-BUY STRATEGIES					
3. Development and implementation of Guidelines on ASEAN Communication Strategies for Healthier Foods and Beverage Options	Expected outputs: 1. Identification of existing communication strategies as benchmark. 2. Key messages for campaigns on less salt, sweet and fat 3. List of stakeholders and their roles. 4. Guidelines on ASEAN Communication Strategies for Healthier Foods and Beverage Options. 5. Campaigns (regional format and can be implemented at national level) either conventional or digital methods Indicators: 1. Guidelines on ASEAN Communication Strategies for Healthier Foods and Beverage Options is developed 2. Campaigns on less salt, sweet and fat are conducted	Lao PDR <i>[Note: Lead countries – Lao PDR, as well as Indonesia (Less salt), Thailand (Less sweet), and Myanmar (Less fat) – to agree on the main lead country of the merged activity.]</i>	2027 – 2029	Lao PDR	WHO, UNICEF, AHC 4

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PROJECT ACTIVITIES	EXPECTED OUTPUTS, OUTPUT INDICATORS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
EXPANDED ACTIVITIES					
STRATEGIC THRUST 1: STRENGTHENING REGIONAL COOPERATION					
1. Consultative Meeting on scientific evidence and challenges in food reformulation	Expected outputs: - Summary of scientific evidence and challenges in food reformulation from the consultative meeting - The consultative meeting. - Sharing of tool kits for salt reduction of high sodium foods (by Malaysia) Indicator: Workshop and seminar (or Consultative Meeting) on scientific evidence and challenges in food reformulation is conducted	Indonesia Co-lead: Viet Nam	2027 – 2030	AHC4	GAIN, ILSI SEA (Tbc), WHO, AFBA
STRATEGIC THRUST 2: IMPLEMENT BEST-BUY STRATEGIES					
2. Formulation of ASEAN guidelines on the development and implementation of front-of-pack labelling	Expected outputs: - Assessment of available FOPL guidelines from CODEX and WHO for reference and to avoid duplication. - Compile existing FOPL best-practices. - ASEAN guidelines on the development and implementation of FOPL. Indicator: ASEAN guidelines on the development and implementation of FOPL is formulated.	Singapore, Philippines Co-lead: Cambodia, Malaysia	2027-2028	AHC 4, PPFWG	WHO

PROJECT ACTIVITIES	EXPECTED OUTPUTS, OUTPUT INDICATORS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
EXPANDED ACTIVITIES					
3. Development of guidelines on food reformulation by food category based on limiting and encouraging nutrients	Expected outputs: - Workshop on food reformulation among food industries. - Desk review on food reformulation (CODEX, WHO, other initiatives as reference). - Guidelines of food reformulation for packaged foods, ingredients and ready-to-eat foods. Indicator: Guidelines on food reformulation (limit of nutrient) by food category based on limiting and encouraging nutrient for at least one of these nutrients (i.e. sodium, sugar, fat, and trans-fat) is developed	Indonesia Co-Lead: Malaysia	2027-2030	AHC 4	WHO, UNICEF, AFBA, ILSI SEA (tbc), RTSL (Tbc)
STRATEGIC THRUST 3: PROMOTE INTERSECTORAL COLLABORATION					
4. Competition on science and innovation on food reformulation	Expected outputs: - Identification and selection of theme - Identification and selection of participants' types. - Competition on science and innovation on food reformulation Indicator: Competition on science and innovation on food reformulation is conducted.	Philippines	2028	AHC4, FIFSTA (Tbc), COSTI (Tbc)	SEAMEO (Tbc), IUFoST (Tbc), AFBA

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Annex 2.

ASEAN Health Sector Work Plan on Nutrition 2026-2030 to support the implementation of the ASEAN Strategic Framework and Action Plan for Nutrition in 2018-2030

This Annex 2 consolidates the project activities under the direct purview of the ASEAN Senior Officials Meeting on Health Development (SOMHD) that are included in the endorsed ASEAN Strategic Framework and Action Plan for Nutrition 2018-2030 (ASF-APN) and scheduled to be implemented between 2026-2030.

Background

The ASEAN Leaders' Declaration on Ending All Forms of Malnutrition was adopted by the 31st ASEAN Summit in November 2017. The Declaration was a multisectoral, multi-stakeholder effort, led by the ASEAN health sector, which recognized the need for active engagement and collaboration across various sectors involved in addressing malnutrition. The Declaration has been operationalized through the formulation of the ASEAN Strategic Framework and Action Plan on Nutrition 2018–2030 (ASF-APN) through collaborative consultations among ASEAN sectors on health (SOMHD), social welfare and development (SOMSWD), education (SOMED) and food and agriculture (SOM-AMAF) and with their partners between 2018 and 2019. The Strategic Framework, which identifies relevant sustainable development goals to which nutrition targets contribute and are aligned with, was endorsed at the 14th SOMHD in Siem Reap in April 2019, by SOM-AMAF, SOMED and SOMSWD between July - August 2019 through ad-referendum and finally adopted at the 14th ASEAN Health Ministers Meeting in Siem Reap at the end of August 2019. The implementation of the ASF-APN in 2018-2025

have been facilitated through the work programmes of above-mentioned sectors during the period.

This ASEAN Health Sector Work Plan on Nutrition 2026-2030 outlines the priority activities that contribute to sustained implementation of the ASF&APN. It also contributes to the ASEAN Strategic Health Agenda 2026-2030 which aims to continue to pursue the Promotion of Good Nutrition and Healthy Diet, one of the strategic health priorities under the purview of ASEAN Health Cluster 1 on Promoting Healthy Lifestyles. The priority project activities of this Work Plan were discussed through a series of ASEAN Health Cluster 1 virtual intersessional meetings between December 2025 – March 2026, the Collective Development Meeting and Workshop in April 2026 and Special SOMHD in May 2026 where the work programmes and annexes of ASEAN Health Clusters were finalised and subsequently endorsed through ad-referendum consultations. The Work Plan was adopted at the 17th ASEAN Health Ministers Meeting in September 2026 as part of the adoption of the Work Programmes and Annexes of ASEAN Health Clusters.

The project activities are led by ASEAN Member States as lead and/or co-lead country with support from the partners and in coordination with the ASEAN Secretariat. The Partners Organisations have technical expertise in areas of nutrition, health, social welfare, agriculture and education. Some have existing collaboration with some ASEAN Member States under the purview of their respective mandates.

The implementation of project activities that are part of the Work Plan will be monitored and evaluated consistent with the internal M&E system for the Work Programmes of ASEAN Health Clusters. The outputs of activities are finalized and approved following the established endorsement and adoption process of the ASEAN Health Sector. The implementation of the project activities is also reported at the level of the ASEAN Socio-Cultural Community (ASCC) through the Monitoring the Implementation of ASCC Work Plans and Monitoring the Implementation of ASCC Declarations.

PROJECT ACTIVITIES	EXPECTED OUTPUTS, OUTPUT INDICATORS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
CORE ACTIVITIES					
STRATEGIC THRUST 2: INTENSIFY EFFORTS TO ENGAGE WITH RELEVANT SECTORS AND STAKEHOLDERS TO ADDRESS THE MULTI-CAUSALITY OF ALL FORMS OF MALNUTRITION [ENSURING POLICY SUPPORT AND COHERENCE AMONG SECTORS]					
1. Mid-Term Review of the Implementation of the ASEAN Leaders' Declaration on Ending All Forms of Malnutrition	• ASEAN Strategic Framework and Action Plan on Nutrition 2018-2030 reviewed and updated • High-Level Meeting on Ending All Forms of Malnutrition organised	Philippines	2026-2030	SOMHD, SOM-AMAF, SOMSWD, SOMED	Australia
STRATEGIC THRUST 4: STRENGTHEN HUMAN AND INSTITUTIONAL CAPACITIES IN MULTISECTORAL PLANNING AND EVALUATION, POLICY ANALYSIS AND ADVOCACY, HEALTH AND NUTRITION RESEARCH, NUTRITION SURVEILLANCE AND SERVICE DELIVERY [CAPACITY- BUILDING FOR NUTRITION STAKEHOLDERS]					
2. Roll out and Implementation of WHO Guidelines for the Prevention and Management of Obesity among Children in ASEAN	• Training materials are developed • Training workshop for AMS conducted • ASEAN M&E tools aligned with global tools developed	Brunei Darussalam, Malaysia, Singapore	2028	SOM-ED	WHO, UNICEF, Australia
3. Adoption of ASEAN Guidelines and Minimum Standards for Nutrition Competency-based Preservice Training of Health Workers	Guidelines and Minimum Standard developed	Lao PDR	2026-2027	AHC 3	UNICEF

AHC Work Programme Categories:

- a. **CORE** – activities that are agreed to be implemented commencing in 2026
- b. **ESSENTIAL** – activities that are agreed to be implemented in the mid-term
- c. **EXPANDED** – activities that are agreed to be implemented from the mid-term and after the reassessment





PROJECT ACTIVITIES	EXPECTED OUTPUTS, OUTPUT INDICATORS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
ESSENTIAL ACTIVITIES					
STRATEGIC THRUST 1: ACCELERATE EVIDENCE-BASED MULTISECTORAL ACTIONS TO END ALL FORMS OF MALNUTRITION PARTICULARLY AMONG THE MOST VULNERABLE, POOR AND DISADVANTAGED GROUPS OF ASEAN [SCALING UP NUTRITION SERVICE DELIVERY]					
1. Integrate the ASEAN minimum standards for integrating treatment services for severe wasting into national health systems	Follow through activity implemented	Cambodia, Philippines	2026-2030		UNICEF, Alive & Thrive
2. Finalisation and implementation of ASEAN Regional Code Monitoring Framework	Framework developed and implemented	Lao PDR, Viet Nam	2027-2028		Alive & Thrive
STRATEGIC THRUST 2: INTENSIFY EFFORTS TO ENGAGE WITH RELEVANT SECTORS AND STAKEHOLDERS TO ADDRESS THE MULTI-CAUSALITY OF ALL FORMS OF MALNUTRITION [ENSURING POLICY SUPPORT AND COHERENCE AMONG SECTORS]					
3. Establishing a Framework for the Implementation, Monitoring & Evaluation of the Model for a Multi-Sectoral Approach to Sustaining Food System in Ensuring Food & Nutrition Security in ASEAN	a. Member states will have the capacity to adapt and integrate this regional Model directly into their own national strategies and action plans. b. AMS will possess a formal implementation and M&E Framework to ensure consistent food system application across the region	Malaysia, Indonesia	2027-2029	SOM-AMAF, SOMSWD, SOMED	WHO, FAO, WFP
STRATEGIC THRUST 3: INCREASE PUBLIC, MULTISECTORAL INVESTMENTS AND LEVEL OF COOPERATION TO IMPROVE NUTRITION AND ENSURE HEALTHY DIETS [RESOURCE MOBILIZATION]					
4. Write shop to develop nutrition project proposals for unfunded initiatives under the ASEAN Strategic Framework and Action Plan on Nutrition 2026-2030	Nutrition and related project proposals are developed	Philippines	2028 (virtual)		UNICEF

PROJECT ACTIVITIES	EXPECTED OUTPUTS, OUTPUT INDICATORS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
ESSENTIAL ACTIVITIES					
STRATEGIC THRUST 4: STRENGTHEN HUMAN AND INSTITUTIONAL CAPACITIES IN MULTISECTORAL PLANNING AND EVALUATION, POLICY ANALYSIS AND ADVOCACY, HEALTH AND NUTRITION RESEARCH, NUTRITION SURVEILLANCE AND SERVICE DELIVERY [CAPACITY- BUILDING FOR NUTRITION STAKEHOLDERS]					
5. Establishment of ASEAN Network and Pool of Experts on Nutrition in Emergencies a. Establishment of ASEAN Network and Pool of Experts on NIE b. Development of training package and conduct of trainings for nutrition in emergency preparedness	Pool of Experts on Nutrition organised	Indonesia	2026-2030	AHC 2, AIDHM, ACDM, AHA Centre, SOM-AMAF	UNICEF, WFP, Alive and Thrive
6. Conduct of workshop on sharing of experiences on nutrition surveillance	Workshop conducted	Philippines	2028-2030		UNICEF
STRATEGIC THRUST 5: MONITOR PROGRESS OF THE ASEAN STRATEGIC FRAMEWORK FOR NUTRITION AND ACTION PLAN [MONITORING AND EVALUATION THROUGH THE ASEAN NUTRITION SURVEILLANCE]					
7. Preparation and publication of ASEAN Food and Nutrition Security Report	Report is developed and published every five years	Indonesia (2026) *tbc (2030)	2026-2030		UNICEF



PROJECT ACTIVITIES	EXPECTED OUTPUTS, OUTPUT INDICATORS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
ESSENTIAL ACTIVITIES					
8. Enhancement of the ASEAN Nutrition Surveillance System (ANSS)	Web-based ANSS is enhanced and deployed	Philippines Indonesia	2026- 2027		Australia
9. Finalisation of standards for: Nutrition indicators during surveys and routine data collection, Data collection methods, Data quality check	Standards for nutrition surveys and routine data collection, data collection methods and data quality check developed	Viet Nam Philippines	2027- 2028		UNICEF

PROJECT ACTIVITIES	EXPECTED OUTPUTS, OUTPUT INDICATORS	LEAD COUNTRY	TIMELINE	INTERPILLAR, INTERSECTORAL, INTERCLUSTER COOPERATION	SOURCE OF SUPPORT
EXPANDED ACTIVITIES					
STRATEGIC THRUST 1: ACCELERATE EVIDENCE-BASED MULTISECTORAL ACTIONS TO END ALL FORMS OF MALNUTRITION PARTICULARLY AMONG THE MOST VULNERABLE, POOR AND DISADVANTAGED GROUPS OF ASEAN [SCALING UP NUTRITION SERVICE DELIVERY]					
1. Finalisation and implementation of human milk banking regional minimum standards	Minimum standards developed and implementation	Philippines	2028- 2030		Alive & Thrive

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